

Letter No. 11/HEJ(विधि)-01/2020 -
Health Department
Govt of Bihar

From,

Sanjay Kumar, IAS
Principal Secretary
Health Department

To,

All Divisional Commissioners, Bihar
All District Magistrates, Bihar
All Principals / Superintendents, Medical College & Hospitals, Bihar
All Civil Surgeons, Bihar

Patna, Date -

Subject : Regarding Revised Discharge Policy - Bihar for COVID-19 cases.

As you are aware that Ministry of Health & Family Welfare, Govt of India has recently released a revised Discharge Policy for COVID-19 cases. The Health Department, Govt of Bihar has reviewed the recent discharge policy and modified it based on the suggestions of clinicians and experts to make it more stringent for the containment of COVID-19 in the state.

The "Revised Discharge Policy - Bihar for COVID-19 cases" recommends that **discharge of COVID-19 cases from the healthcare facilities should be done after one negative follow-up result in RT-PCR test for all pre-symptomatic and mild / moderate / severe symptomatic cases** (a copy of revised policy is annexed herewith).

Please ensure immediate enforcement of the policy in all COVID-19 treatment facilities of the state.

Sincerely,

Sd./-

(Sanjay Kumar)

Enclosure : copy of " Revised Discharge Policy - Bihar for COVID-19 cases"

Memo No. - 362 (11)

Date - 14.05.2020

Copy To :

1. Chief Secretary, Govt of Bihar for Kind information.
2. Principal Secretary to Honourable Chief Minister, Bihar for information.
3. Secretary, Health Department, Govt of Bihar for information and necessary action.
4. Executive Director, State Health Society, Bihar for information and necessary action.
5. Additional Secretary, Health Department, Govt of Bihar for information and necessary action.
6. PS to Honourable Health Minister, Bihar for information.

14/5/2020
Principal Secretary
Health Department

Revised Discharge Policy for COVID-19

As modified by
Department of Health
Government of Bihar

The revised discharge policy is aligned with the guidelines on the 3 tier COVID facilities and the categorization of the patients based on clinical severity (Available at:

<https://www.mohfw.gov.in/pdf/FinalGuidanceonMangaementofCovidcasesversion2.pdf>)

1. Mild/very mild/pre-symptomatic cases

Mild/very mild/pre-symptomatic cases admitted to a COVID Care Facility will undergo regular temperature and pulse oximetry monitoring. The patient can be discharged after 10 days of symptom onset and no fever for 3 days. **Before discharge, patient should undergo laboratory testing and only after one negative test result (tested negative by RT-PCR), should be discharged.**

At the time of discharge, the patient will be advised to follow the home isolation for further 7 days as per guidelines available at

(<https://www.mohfw.gov.in/pdf/GuidelinesforHomelsoationofverymildpresymptomaticCOVID19cases.pdf>).

At any point of time, prior to discharge from CCC, if the oxygen saturation dips below 95%, patient is moved to Dedicated COVID Health Centre (DCHC).

After discharge from the facility, if he/she again develops symptoms of fever, cough or breathing difficulty he will contact the COVID Care Centre or State Call Centre 104 or 1075. His/her health will again be followed up through tele-conference on 14th day.

2. Moderate cases admitted to Dedicated COVID Health Centre (Oxygen beds)

2.1. Patients whose symptoms resolve within 3 days and maintains saturation above 95% for the next 4 days

Cases clinically classified as “moderate cases” will undergo monitoring of body temperature and oxygen saturation. If the fever resolve within 3 days and the patient maintains saturation above 95% for the next 4 days (without oxygen support), such patient will be discharged after 10 days of symptom onset in case of:

- Absence of fever without antipyretics
- Resolution of breathlessness

②

- No oxygen requirement

Before discharge, patient should undergo laboratory testing and only after one negative test result (tested negative by RT-PCR), should be discharged.

At the time of discharge, the patient will be advised to follow the home isolation for 7 days as per guidelines available at

<https://www.mohfw.gov.in/pdf/GuidelinesforHomeIsolationofverymildpresymptomaticCOVID19cases.pdf>.

2.2. Patient on Oxygenation whose fever does not resolve within 3 days and demand of oxygen therapy continues

Such patients will be discharged only after

- resolution of clinical symptoms
- ability to maintain oxygen saturation for 3 consecutive days

Before discharge, patient should undergo laboratory testing and only after one negative test result (tested negative by RT-PCR), should be discharged.

At the time of discharge, the patient will be advised to follow the home isolation for 7 days as per guidelines available at

<https://www.mohfw.gov.in/pdf/GuidelinesforHomeIsolationofverymildpresymptomaticCOVID19cases.pdf>.

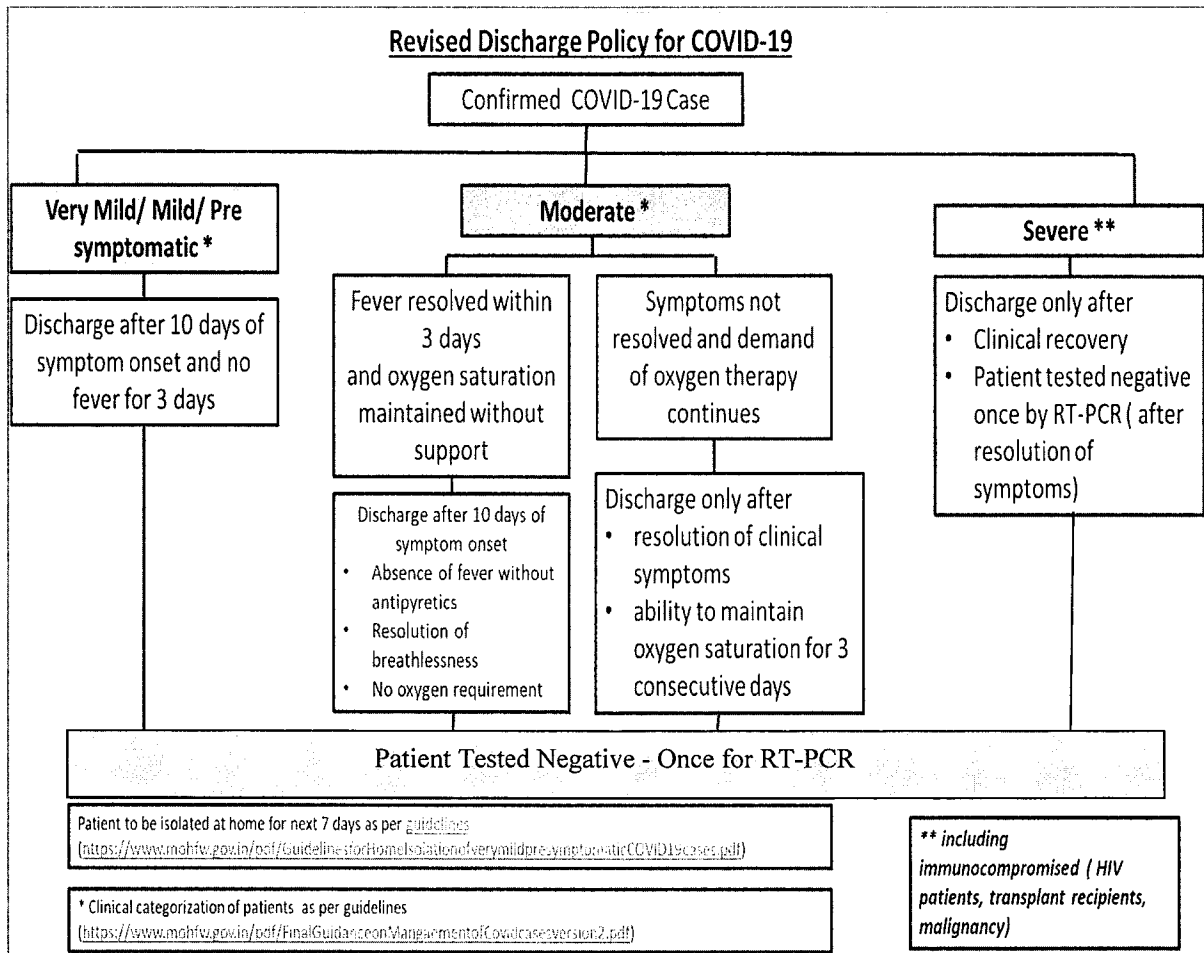
3. Severe Cases including immunocompromised (HIV patients, transplant recipients, malignancy)

Discharge criteria for severe cases will be based on

- Clinical recovery
- **Patient tested negative once by RT-PCR (after resolution of symptoms)**



Flow Chart:



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