

ANNEXURE IV

FEEDING GUIDELINES FOR DISPLAY AT NRC (WARD/KITCHEN)

1. Ensure that the weight of the child increases 10 gm/kg body wt/day.
2. The mothers should give the child the food prepared only in the NRC.
She should not give him/her anything from outside (market).
3. Mothers and children should not put hands in the food.
4. Feed just through bowl and spoon.
5. Do not feed anything picked up from the floor.
6. Give the child at least 8 feeds per day.
7. Give the child 10-15 times clean hygienic water to drink.
8. Clean the child twice a day.
9. Children less than 6 months should only be breast-fed.